

Where healing begins with a conversation.

Beyond Trauma

A Healing Journey

Weekly 1.5 hour ZOOM sessions
Wednesdays, 2:30 - 4:00 p.m.
\$35.00 per person for the 12 week series
Contact us for session dates

Join us for an innovative, gender responsive trauma-informed workshop specifically developed for women by Dr. Stephanie S. Covington

Modules address:

- Violence, Abuse and Trauma*
- The Impact of Trauma on Women's Lives*
- Healing from Trauma*

This closed group is limited to ten participants.

Only those enrolled at the beginning will be participating in the group.
Completion of YWCA's 8-week DV101 Support Group is a prerequisite.
For more information call (707) 303-8411 or email therapy@ywcasc.org



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ywca
sonoma county

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24/7 DV CRISIS HOT LINE
707-546-1234