Where healing begins with a conversation.

Beyond Trauma



Join us for an innovative, gender responsive traumainformed workshop specifically developed for women by Dr. Stephanie S. Covington

Weekly 1.5 hour ZOOM sessions \$40.00 per person for the 12 week series Contact us for session dates

> 24/7 DV CRISIS HOT LINE 707-546-1234

Modules address:

- Violence, Abuse and Trauma

– The Impact of Trauma on Women's Lives

- Healing from Trauma

This closed group is limited to ten participants. Only those enrolled at the beginning will be participating in the group.

Completion of YWCA's 8-week DV101 Support Group is a prerequisite.

For more information call (707) 303-8411 or email therapy@ywcasc.org





a brand new day...